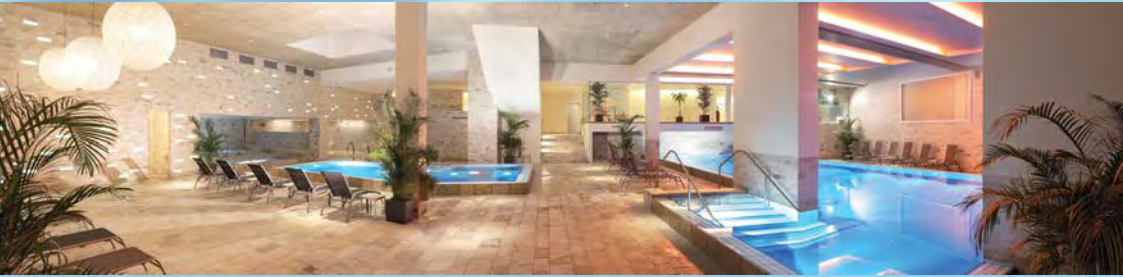




AYUSH  
HEALTH CLUB

Be a member and experience  
something special...



17,000 sq ft sanctuary of natural stone, the ultimate environment for wellness and fitness.

Ayush Health Club features include:

Infinity swimming pool, hydrotherapy pool, frigidarium, caldarium and sauna, all opening out onto landscaped garden and sun terrace.

Gymnasium - with state-of-the-art LifeFitness cardiovascular and resistance exercise equipment.

Café Aroma for a latté or light lunch.

Access to the Ayush Wellness Spa with authentic Ayurvedic therapies and luxurious spa treatments.





be balanced...  
awaken your senses to the wonders of Ayush



*'One of the top 20 hottest  
spas on the planet'*

quote BA Magazine

Ayush Wellness Spa offers a range of treatments based on the principle behind Ayurveda - that of how to enjoy a long and fulfilling life.

Visit [www.ayushspa.com](http://www.ayushspa.com) for more details of treatments and full price lists.



**AYUSH**  
WELLNESS SPA



AYUSH  
HEALTH CLUB

# Membership



## Annual Memberships

	Membership		Joining Fee	
	<u>Single</u>	<u>Joint</u>	<u>Single</u>	<u>Joint</u>
Wellness*	£1,050	£2,000	£100	£150
Fitness*	£1,200	£2,250	£100	£150

Corporate Membership details available on request.

\* Wellness allows access to all club facilities and benefits apart from the gym

\* Fitness allows access to all areas and benefits of the club

## Membership Benefits

- 10% off spa treatments (Mon - Thurs)
- 10% off accommodation bookings
- 10% off food and beverage in all Hotel outlets
- Complimentary towel use
- Free parking whilst using the facility
- Fully qualified staff on duty and access to exercise classes
- Access to exclusive membership promotions
- Full use of the best facilities in Jersey, seven days a week



**AYUSH**  
HEALTH CLUB

## Membership Application / Request for Viewing

(Minimum age 18 years)

### Applicant Details

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone No: \_\_\_\_\_

Mobile No: \_\_\_\_\_

Email Address: \_\_\_\_\_

Type of Membership required (please tick):

	Single	Joint
Wellness	<input type="checkbox"/>	<input type="checkbox"/>
Fitness	<input type="checkbox"/>	<input type="checkbox"/>

Have you been a member or used our facilities before?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

[For further information contact us on 01534 614171](tel:01534614171)



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