



Breakfast

Menu



www.defrance.co.uk

Breakfast Menu Price List

Daily 07.00AM - 10.00AM ♦ Sundays & Bank Holidays until 10.30AM

Bed & Breakfast Guests

| | |
|--|-----------------|
| Continental Plus From Our Buffet (Vegetarian items available on request) | Inclusive |
| Cooked to Order Full English Breakfast (Vegetarian items available on request) | £5.00 |
| A La Carte Breakfast Choices | Priced per item |

Room Only Guests & Non-Residents

| | |
|---|-----------------|
| Continental Plus Breakfast From Our Buffet | £15.00 |
| Cooked To Order Full English Breakfast (Inclusive of continental buffet selection) | £20.00 |
| Cooked To Order Full Vegetarian Breakfast (Inclusive of continental buffet selection) | £20.00 |
| A La Carte Breakfast Choices | Priced per item |

Continental Plus Buffet Menu

Daily 07.00AM - 10.00AM ♦ Sundays & Bank Holidays until 10.30AM

Cold Section

Toast

White, brown or gluten-free bread, butter, flora margarine, preserves

Dairy · Wheat · Sulphites

Local Artisan Breads

Sourdough, multi-seed, baguette

Wheat · Sulphites

Cold Cuts & Cheese

Ham, salami, garlic saucisson, Brie, Gouda, cheddar

Dairy · Wheat · Sulphites

Cereals

Muesli, Special K, Cornflakes, Weetabix

Please see individual packaging for allergy information

Oat Porridge

Made with milk or water

(Gluten Free Available)

Dairy · Wheat · Sulphites

Yoghurt & Fruits

Jersey plain yoghurt, fruit compote, fruit salad, orange or grapefruit segments, kiwi fruit

(Dairy Free on Request)

Dairy · Soya · Sulphites

Pastries

Mini danish pastries, mini croissants, pain au chocolat

Dairy · Egg · Wheat · Soya · Sulphites (may contain hazelnuts · almonds · sesame)

Hot Section

Grilled Back Bacon & Sausages

Soya · Wheat

Sautéed Mushrooms & Grilled Tomatoes

Soya · Sulphites

Free-range Scrambled Eggs

Dairy · Egg · Soya

Beverages

Jersey Low Fat Milk

Jersey skimmed milk, almond milk*, soya milk, oat milk* available on request

Dairy · Almond* · Oat*

Tea & Freshly Brewed Bean to Cup Coffee (Self Service)

Juices

Orange, apple, cranberry, grapefruit, pineapple

Breakfast A La Carte Menu

Daily 07.00AM - 10.00AM ♦ Sundays & Bank Holidays until 10.30AM

Vegan Pancakes & Fresh Berries (VG) 7.00

Buckwheat pancake, vegan cream, choose: maple syrup **or** honey **or** agave syrup
Soya · Sulphites

Free Range Poached Egg Muffin with Hollandaise Sauce

- ♦ Eggs Benedict - Ham 9.00
- ♦ Eggs Royale - Smoked Salmon* 11.00
- ♦ Eggs Florentine - Spinach (V) 8.00

Dairy · Egg · Wheat · Soya · Sulphites · Fish*

Free Range Poached Egg & Smashed Avocado (V) 12.00

Chargrilled Sourdough, coriander & tomato salsa, sriracha mayo

Dairy · Egg · Wheat · Mustard · Soya · Sulphites

Smoked Salmon & Scrambled Eggs 12.00

Toasted sourdough

Dairy · Egg · Fish · Wheat · Soya

Add Ons: per Item 1.00

Hash brown, baked beans, black pudding*

Dairy · Wheat · Oat* · Soya · Sulphites

Cooked To Order Full English Breakfast

♦ Inclusive of Continental Buffet 20.00

♦ B&B Residents Supplement 5.00

Pork sausage, bacon, tomato, mushrooms, baked beans, hash brown, black pudding, toast, eggs of your choice

Dairy · Egg · Wheat · Soya · Oats · Sulphites

Cooked To Order Vegetarian Breakfast (V)

♦ Inclusive of Continental Buffet 20.00

♦ B&B Residents Supplement 5.00

Vegetarian sausage, tomato, mushrooms, baked beans, hash brown, toast, eggs of your choice

Dairy · Egg · Wheat · Soya · Sulphites

Egg Choices

Boiled (soft or hard), fried, poached or scrambled

Dairy · Egg · Soya

All food is prepared in a kitchen containing common food allergens. If you have a food allergy, please advise our service team. A discretionary 10% service charge will be applied to all checks. Prices are in GBP and inclusive of the current Goods & Services Tax.

Menu valid from May 2023 and subject to change without prior notice.