

## > SPA LUNCH MENU <

### STARTER

#### MUNG BEAN SOUP

**D** **G** **S** **SE** **SD** VEGETARIAN

#### TRIO OF BEETROOT

GOATS CHEESE BONBONS,  
HONEY AND MUSTARD DRESSING

**D** **E** **G** **S** **M** **SD** VEGETARIAN

#### HERITAGE TOMATOES

BOCCONCINI, AVOCADO, MICRO HERBS

**D** **S** **M** **SD** VEGETARIAN

#### PRESSED TERRINE OF JERSEY ROYALS

ROCKET, PEAS, WILD GARLIC,  
TRUFFLE MAYO

**G** **S** **C** **M** **SD** VEGAN

### MAIN COURSES

#### FALAFEL BURGER

SPICY SALSA, YOGHURT DRESSING, BABY GEM, TOMATO,  
BRIOCHE BUN, CHIPS OR SEASONAL SALAD

**D** **G** **S** **M** **SD** VEGETARIAN

#### AVOCADO & POACHED EGG

CHARGRILLED SOURDOUGH, ROCKET, HOLLANDAISE SAUCE

**D** **E** **G** **S** **SD** VEGETARIAN

#### ROASTED CAULIFLOWER STEAK

AIOLI, NUTS, SEEDS, SWEET POTATO MASH, CRISPY ROCKET

**N** **S** **SD** VEGAN

#### CATCH OF THE DAY

JERSEY ROYALS, SPINACH, ASPARAGUS, BROCCOLI, SAUCE VIERGE

**D** **S** **F** **SD**

#### CHICKEN CAESAR SALAD

BABY GEM, CROUTONS, PARMESAN, CAESAR DRESSING

**D** **E** **G** **S** **M** **F** **SD**

DAIRY - EGG - GLUTEN - NUTS - PEANUTS - SOYA - CELERY - MUSTARD - SESAME - FISH - CRUSTACEANS - MOLLUSCS - LUPIN - SULPHUR DIOXIDE

ALL FOOD IS PREPARED IN A KITCHEN CONTAINING COMMON FOOD ALLERGENS. IF YOU HAVE A FOOD ALLERGY, PLEASE ADVISE OUR SERVICE TEAM.  
MENU SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. MENU AVAILABLE DAILY IN CONJUNCTION WITH OUR 'FULL DAY & SEASONAL SPA PACKAGES'.