

> SPA LUNCH MENU <

STARTER

MUNG BEAN SOUP

D **G** **S** **SE** **SD** VEGETARIAN

GOATS CHEESE & BEETROOT

LEAVES, SEEDS, SOURDOUGH CROSTINI

D **G** **N** **S** **M** **SD** VEGETARIAN

TOFU POKE BOWL

CABBAGE, AVOCADO MASH, CUCUMBER, TOFU,
RADISHES, SESAME AND TAMARIND SAUCE

G **S** **SE** **SD** VEGAN

FISH TACO

BABY GEM, SALSA PICO DE GALLO, PEPPERS,
GREEN CHUTNEY

G **S** **F** **SD**

MAIN COURSES

MEXICAN BEAN WRAP

RED ONION, PEPPERS, ROCKET,
CHIPOTLE MAYO

G **S** **SD** VEGAN

AVOCADO & POACHED EGG

CHARGILLED SOURDOUGH,
ROCKET, HOLLANDAISE SAUCE

D **E** **G** **S** **SD** VEGETARIAN

CATCH OF THE DAY

JERSEY ROYALS, SPROUTING
BROCCOLI AND SPINACH,
SAUCE VIERGE

D **S** **F** **SD**

VEGETABLE THAI CURRY

CHIANG-MAI STYLE NOODLE
BROTH, COCONUT, LIME, GINGER

G VEGAN

CHICKEN THAI CURRY

CHIANG-MAI STYLE NOODLE
BROTH, COCONUT, LIME, GINGER

G **S**

SMALL CAESAR SALAD

CHICKEN, BABY GEM,
PARMESAN, CROUTONS,
CAESAR DRESSING

D **E** **G** **S** **M** **F** **SD**

DAIRY - EGG - GLUTEN - NUTS - PEANUTS - SOYA - CELERY - MUSTARD - SESAME - FISH - CRUSTACEANS - MOLLUSCS - LUPIN - SULPHUR DIOXIDE

ALL FOOD IS PREPARED IN A KITCHEN CONTAINING COMMON FOOD ALLERGENS. IF YOU HAVE A FOOD ALLERGY, PLEASE ADVISE OUR SERVICE TEAM.

MENU SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. SPA LUNCH SERVED IN CONJUNCTION WITH OUR 'FULL DAY SPA PACKAGE'.