

Bienvenue

[BJĚ V(Ə)NY]

LA TERRASSE OFFERS A RANGE OF DELICIOUS FRESHLY MADE DISHES,
COMPLEMENTED WITH CAREFULLY SELECTED WINES.

OF COURSE, NO JERSEY RESTAURANT IS COMPLETE WITHOUT LOCALLY SOURCED PRODUCE.
OUR CHEFS HAVE CREATED A MENU THAT BRINGS LOCAL FLAVOURS
FROM TIDE TO TABLE AND FIELD TO FORK FOR YOUR ENJOYMENT.

ALL FOOD IS PREPARED IN A KITCHEN CONTAINING COMMON FOOD ALLERGENS.

IF YOU HAVE A FOOD ALLERGY, PLEASE ADVISE OUR SERVICE TEAM.

A DISCRETIONARY 10% SERVICE CHARGE WILL BE APPLIED TO ALL BILLS. PRICE IN GBP AND
INCLUSIVE OF THE CURRENT GOODS & SERVICES TAX.

LA TERRASSE DAY MENU

12.00-18.30PM

LIGHT BITES

HUMMUS & CRUDITES £8

HOMEMADE CHICKPEA HUMMUS, VIRGIN OLIVE OIL, CRUDITES, BREAD STICKS
SESAME, SOYA, SULPHITES, WHEAT, BARLEY

LOCAL ARTISAN BREADS £6

FRESHLY BAKED SELECTION OF BREADS, OLIVE OIL, BALSAMIC VINEGAR & BUTTER
DAIRY, SOYA, SULPHITES, WHEAT (MAY CONTAIN NUTS & SESAME)

BUCKWHEAT PANCAKES

BRITTANY STYLE BUCKWHEAT PANCAKE

COMPLETE- BACON, SAUSAGE & EGG £10

NORVEGIAN- SMOKED SALMON* & CREAM CHEESE £12

VEGGIE- SPINACH, CREAM CHEESE, TOMATO & EGG £8

SOYA, SULPHITES, FISH*

POACHED EGGS & AVOCADO £11

LOCAL POACHED EGGS ON GRILLED SOURDOUGH, AVOCADO, TOMATO & CORIANDER,
HOLLANDAISE SAUCE, SEEDS & CRESS
DAIRY, EGG, WHEAT, MUSTARD, SOYA, SULPHITES

TANDOORI CAULIFLOWER £8

ALMOND NAAN, EDAMAME HUMMUS DIPS
SULPHITES, WHEAT, SESAME, ALMOND, SOYA, DAIRY

SOUP OF THE DAY £7

FRESHLY MADE SOUP, CHIVES & CROUTONS, ASK OUR WAITING STAFF FOR TODAY'S CHOICE
DAIRY, SOYA, WHEAT, CELERY

LA TERRASSE DAY MENU

12.00-18.30PM

SALADS

<u>CAESAR SALAD</u>	£14
BABY GEM, CROUTONS, PARMIGIANO, CAESAR DRESSING	
ADD GRILLED VEGETABLES	£6
ADD CHICKEN AND BACON	£10
ADD KING PRAWNS *	£12
SULPHITES, DAIRY, EGG, WHEAT, SOYA, CRUSTACEANS*, MUSTARD	
<u>SALADE GOURMANDE</u>	£17
MIXED LEAVES, FINE BEANS, SUN BLUSHED TOMATOES, CRISPY PROSCIUTTO, HOMEMADE DUCK PASTRAMI & WALNUT OIL DRESSING	
SULPHITES, SOYA, WALNUT, MUSTARD	
<u>SALMON & PRAWN SALAD</u>	£18
LIGHTLY POACHED SALMON, FATTOUSH SALAD, FRESH MINT, RADISH, SCALLION	
SULPHITES, SOYA, FISH, CRUSTACEAN, WHEAT	
<u>RAINBOW PAD THAI BOWL</u>	£12
VERMICELLI NOODLE, BEETROOT, COURGETTE & CARROT SALAD, SOYA BEANS, ALMOND & GINGER DRESSING	
SULPHITES, SOYA, SESAME, ALMOND	
<u>CHIMICHURRI CAULIFLOWER BOWL</u>	£13
CAULIFLOWER RICE, BUTTERNUT SQUASH, MUNG BEAN SALAD, CHIMICHURRI, POMEGRANATE & FRESH CORIANDER	
SULPHITES, SOYA	
<u>TARTE FINE PROVENCAL, GOATS CHEESE</u>	£12
THIN LAYER OF PUFF PASTRY WITH RATATOUILLE VEGETABLE, GRILLED GOATS CHEESE, SALAD	
SULPHITES, SOYA, WHEAT, DAIRY, EGG, MUSTARD	

LA TERRASSE DAY MENU

12.00-18.30PM

SANDWICHES

TRIPPLE DECKER £16

TOASTED TRIPLE DECKER, BACON, LETTUCE, TOMATO, CHICKEN & EGG

WHITE OR BROWN BREAD

DAIRY, EGG, MUSTARD, SOYA, SULPHITES, WHEAT

HOT CIABATTA

GRILLED MINUTE STEAK, MEDIUM RARE OR WELL DONE, GARLIC BUTTER £18

GRILLED CHICKEN, BACON, AVOCADO MAYONNAISE, BABY GEM £16

DAIRY, WHEAT, MUSTARD, SOYA, SULPHITES

CROQUE MONSIEUR £10

HAM AND CHEESE TOASTIE, CHEESE SAUCE & GRUYERE CHEESE

ADD EGG* £2

SOYA, WHEAT, MUSTARD, DAIRY, SULPHITES, EGG*

LA TERRASSE BANH MI £11

CRISPY PORK BELLY, PICKLED DAIKON & CARROT, CUCUMBER, CORIANDER

SRIRACHA, SOY & LIME MAYONNAISE IN A BAGUETTE

SOYA, WHEAT, MUSTARD, DAIRY, SULPHITES, EGG, CELERY

B.L.T £9

BACON, LETTUCE & TOMATO ON TOASTED WHITE OT BROWN OR SOURDOUGH

EGG, MUSTARD, SOYA, SULPHITES, WHEAT

FALAFEL WRAP £10

CHICKPEA & SWEET POTATO SLIDERS, SMASHED AVOCADO, PICKLED ONIONS,

SRIRACHA VEGAN MAYONNAISE

SESAME, SOYA, SULPHITES, WHEAT

OPEN CIABATTA (VG) £15

SAUTEED MUSHROOMS, SHALLOTS, CHIVE CREAM CHEESE, VEGAN NDUJA

SOYA, SULPHITES, WHEAT

LA TERRASSE DAY MENU

12.00-18.30PM

MAINS

CHARGRILLED SIRLOIN STEAK

£30

AGED SIRLOIN STEAK 280G, SKIN ON FRIES & SALAD

ADD SAUCE: PEPPER, BEARNAISE OR GARLIC BUTTER

£2

SULPHITES, WHEAT, DAIRY, SOYA

MALAYSIAN CURRY

COCONUT, ALMOND, KAFIR LIME CHILLI, LEMON GRASS SAUCE WITH JASMINE ICE & PAK CHOI

TIGER PRAWNS*

£28

CHICKEN

£25

VEGETABLES

£18

SOYA, CRUSTACEAN*, SULPHITES

FISH & CHIPS

£18

LOCAL BEER BATTERED HADDOCK, CREAMED PEAS, FRIES & TARTARE SAUCE

SULPHITES, WHEAT, FISH, DAIRY, EGG, MUSTARD

STEAK HACHE AU POIVRE

£18

HAND PRESSED CHOPPED BEEF STEAK, PEPPERCORN SAUCE & SALAD

SULPHITES, WHEAT, DAIRY, SOYA

CHICKEN CAESAR BURGER

£17

BUTTERMILK FRIED CHICKEN, SMOKED BACON, BABY GEM, CAESAR DRESSING & SKIN ON FRIES

SOYA, EGG, MUSTARD, WHEAT, SULPHITES, CRUSTACEANS*, FISH

BEEF BURGER

£20

BRIOCHE BUN, CARAMELISED ONION, APPLEWOOD CHEDDAR, DILL PICKLE, SALAD & SKIN ON FRIES

SOYA, WHEAT, EGG, DAIRY, MUSTARD, SULPHITES

CHICKPEA & SWEET POTATO BURGER

£15

CHICKPEA PATTY, BABY GEM, AVOCADO, TOMATO, VEGAN MAYONNAISE & SKIN ON FRIES

SULPHITES, WHEAT

CAULIFLOWER STEAK (VG)

£15

ROASTED, TRUFFLED MUSHROOM KETCHUP, ALMONDS, MICRO LEAVES & SEEDS

SULPHITES, SOYA, ALMOND

LA TERRASSE DAY MENU

12.00-18.30PM

SIDE ORDERS

SKIN ON FRIES	£6
SOYA, SULPHITES	
SKIN ON FRIES, TRUFFLE OIL & PARMIGGIANO	£8
SOYA, DAIRY	
BABY POTATOES, CHIVES & BUTTER	£6
DAIRY	
SWEET POTATO FRIES	£6
SOYA	
TENDERSTEM BROCCOLI	£6
GRILLED & TOSSED IN OLIVE OIL AND SEEDS	
SOYA	
GREEN BEANS & SHALLOTS	£6
TOSSED IN BUTTER	
DAIRY	
SEASONAL SALAD	£6
MIXED LEAVES, SUN BLUSHED TOMATOES, GREEN BEANS & RADISH	
SULPHITES, SOYA, MUSARD	

LA TERRASSE DAY MENU

12.00-18.30PM

DESSERTS

LEMON & PASSION FRUIT TART

£6

LEMON & PASSION FRUIT CURD, SESAME & HAZELNUT CRUNCH BASE,
VANILLA ICE CREAM, CANDIED LEMON
SOYA, EGG, DAIRY, HAZELNUT, SESAME, SULPHITES

LYCHEE & RASPBERRY PAVLOVA

£6

RASPBERRY MERINGUE, LYCHEE & RASPBERRY COMPOTE, LEMON GRASS PARFAIT,
VANILLA POACHED FRUITS & COCONUT CRUNCH
SOYA, SULPHITES, EGG, DAIRY

PECAN NUT & VANILLA ENTREMET

£6

PECAN FINANCIER, CRISPY RICE LAYER, CANDIED ORANGE & PECAN PRALINE,
PECAN CREMEUX, VANILLA MOUSSE, ORANGE SORBET
SOYA, EGG, SULPHITES, PECAN, ALMOND, DAIRY

CHOCOLATE & COCONUT CREMEUX

£6

WITH BLACKCURRANT PATE DE FRUIT,
COCONUT BROWNIE & BLACKCURRANT SORBET
SOYA, SULPHITES

MOVENPICK ICE CREAMS PER SCOOP

£4

BERRY COMPOTE & MINI MERINGUE
SOYA, EGG, DAIRY, SULPHITES (MAY CONTAIN NUTS)

CHEESE PLATE

£9

SELECTED CHEESE, CELERY, GRAPES, CHUTNEY & BISCUITS
SOYA, SULPHITES, SESAME, BARLEY, WHEAT, EGG, DAIRY, CELERY

La Terrasse