LA TERRASSE SPA MENU

STARTS

POACHED EGGS & AVOCADO

GRILLED SOURDOUGH, TOMATO & CORIANDER HOLLANDAISE SAUCE, SEEDS & CRESS EGG, SOYA, SULPHITES, DAIRY, SESAME, WHEAT

MULAPHARA SOUP

COCONUT SPICED BUTTERNUT SQUASH, RED PEPPER, TOMATO, BEETROOT SOUP SESAME, SOYA SULPHITES, CELERY

ALMOND NAAN & HUMMUS

TANDOORI CAULIFLOWER DIP, EDAMAME HUMMUS DIP SOYA, SULPHITES, ALMOND, SESAME

SALMON SALAD

FATTOUSH SALAD, LIGHTLY POACHED SALMON, RADISH, SPRING ONIONS & MINT SULPHITES, SOYA, FISH, WHEAT

MAINS

RAINBOW PAD THAI BOWL

VERMICELLI NOODLES, COURGETTES, CARROTS, SOYA BEANS, ALMOND ADD CHARGRILLED CHICKEN BREAST SOYA, SESAME, ALMOND, SULPHITES

SWEET POTATO & CHICKPEA BURGER

TOMATO, ROCKET, AVOCADO & TOMATO, APPLE CIDER VINEGAR & CASHEW DRESSING SESAME, SULPHITES, SOYA, CASHEW, WHEAT

SPRING KITCHARI

BASMATI RICE, MUSTARD SEED & TURMERIC TEMPERED MUNG BEANS, WILTED GREEN ADD CHARGRILLED CHICKEN BREAST OR GRILLED SALMON* FISH*, DAIRY, SOYA, SULPHITES, WHEAT

CHIMICHURRI CAULIFLOWER BOWL

RICED CAULIFLOWER, BUTTERNUT SQUASH, MUNG BEANS, CHIMICHURRI, POMEGRANATE, CORIANDER SOYA SULPHITES

ALL FOOD IS PREPARED IN A KITCHEN CONTAINING COMMON FOOD ALLERGENS.

IF YOU HAVE A FOOD ALLERGY, PLEASE ADVISE OUR SERVICE TEAM.

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